



Hike Against Hunger

The 7th Annual **Hike Against Hunger** will be held on October 9, 2010. Our goal is to raise \$25,000 for **The Food Center** – a non-profit community outreach program located at Morrisville Presbyterian Church.

The mission of **The Food Center** is to ensure the nutrition of those in our community who cannot otherwise provide for themselves, including but not limited to, the poor, elderly, or disabled. Last year **The Food Center** served over 14,000 people.

The Food Center is run by more than 80 volunteers and supported entirely by donations from caring individuals and organizations.

We need you to find sponsors and join us for the **Hike Against Hunger**. Make it your personal goal to raise \$100.

A limited number of **Hike Against Hunger** t-shirts will also be available on the day of the hike.

Morrisville Presbyterian Church
771 N. Pennsylvania Avenue
Morrisville, PA 19067

When to Hike

Saturday, October 9, 2010

9:30 a.m. – Registration

10:00 a.m. – Hike Begins

11:30 p.m. – Celebration Picnic

Rain Date

If it looks like rain, participants are asked to call **215.295.4191** to determine if the hike is postponed.

Route

The 4-mile Hike begins (and ends) in the parking lot of **Morrisville Presbyterian Church**. Our route will take us through surrounding neighborhoods – on safe streets.

Picnic

At the conclusion of the Hike, plan on staying to enjoy a picnic provided by generous sponsors.

Volunteer Opportunities

Volunteers are essential to the success of the **Hike Against Hunger**. To volunteer on October 9th, or to find out more about volunteering at **The Food Center**, please call **215.295.4191**.

You can get involved! Here's how . . .

1. Complete the registration form and send it to:
Morrisville Presbyterian Church, or send an email to **mpc@mpcusa.net** with "Hike Against Hunger" in the subject line.
2. Fill out the **contribution form** located on the reverse side of this flyer and collect donations from people sponsoring you.
3. On **Saturday, October 9**, come to the Morrisville Presbyterian Church at 9:30 a.m. to sign in for the **Hike Against Hunger**. Be sure to bring the contributions you collected and turn them in with the contribution form!



Benefits The Food Center at the Morrisville Presbyterian Church
Helping Hungry Families in Bucks and Mercer Counties





Registration Form

Please Print

Name(s):

Address: _____

City: _____ State: _____

Zip: _____

Email: _____

Phone: _____

Cell: _____

Emergency Contact: _____

Emergency Phone: _____

Please contact me about volunteer opportunities:

Yes ___ No ___

Please contact me about a donation for the picnic:

Yes ___ No ___



Release Statement

Prior to beginning the **Hike Against Hunger** you must read and sign the following statement:

I, _____, affirm that I am of legal age (18) or have my parent or guardian's permission to participate in the **Hike Against Hunger** and that I am in good general health and know of no reason why participating in the **Hike Against Hunger**, of approximately 4 miles, should cause me any harm, and I agree to follow the rules established for everyone's protection, and to hold The Food Center, the Morrisville Presbyterian Church, all co-sponsors of the **Hike Against Hunger** harmless from any and all injuries, suits, claims, demands and damages of any kind or nature arising out of my participation in the **Hike Against Hunger** except those involving gross negligence.

Signature: _____

Date: _____

As the parent or legal guardian of the above named minor or any minor children hiking with me, I give my permission for them to participate in the **Hike Against Hunger** and I accept the conditions stated above.

Signature: _____

Date: _____



Please make checks payable to The Food Center.

Contribution Form

Please Print

Hiker's Name: _____

Sponsor's Name

Contribution:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____